



From The Head Teacher....

Dear Parents and Carers

I hope you have had a good week.

Last Friday, just after the Newsletter deadline, fifteen pupils from Year 3-6 returned to school having competed in the *ISA Cross-Country* meet. Two of our pupils just missed out on qualifying for the National Finals – Martha P and Alexander C (both in Year 6). Congratulations to all that ran and there are further details inside.

I have been at a Headteacher's Conference during the early part of the week, which was very interesting and we discussed a number of very relevant and important issues. These included Safeguarding, School Inspections, Equality, Diversity and Inclusion, Mental Health and encouraging more girls into STEM subjects. Speakers included *Dr Maggie Aderin-Pocock*, a world-renowned space scientist, who was wonderfully inspiring. The current situation in the Ukraine was also central to most conversations.

As we were celebrating *International Woman's Day* this week, it was fitting that our Year 12 led assembly this week on that theme. They showed a real sense of commitment to the theme of Equality, and this was really well received by our community. Well done!

Thank you to Ms Restivo who organised the *British Heart Foundation Skip-a-thon* on Tuesday and to all our pupils for taking part. We have had lovely feedback from Rebecca Honey from the BHF - *'Just a quick note to thank you again for asking me to join you yesterday and for your wonderful event in support of the BHF! Absolutely loved seeing the children skipping so enthusiastically and all your little touches – the golden tickets, tricks section, biscuits, balloon arch and heart - were amazing.'*

In Sport this week - congratulations to our Year 7 Netball team who beat Bonus Pastor 17-2 which takes them top of the league! Excellent work, girls!

Our U13 Boys' Basketball team defeated Charles Darwin School on Wednesday by 20-16, while our U15 team lost 25-16. Well done to all who represented the school.



Mark Wallace – Headteacher
@Challoner_head



From The Head Teacher....

Our junior pupils had a great morning yesterday meeting *Astronomy Pete* and *Safari Pete* (who brought along some of his reptile friends!). Thank you to Mr Peck and Mrs Pittman for organising both events.

Here is a picture of Mr Peck meeting *Jay-Zee* the crocodile! I think he looks happy..... that is Mr Peck I mean!



Pupil Success

Huge congratulations to Eddie L in Year 9 who has been selected to attend the *25th World Scout Jamboree (25SJ) in Korea* in the summer of 2023. This is a phenomenal achievement by Eddie as only 36 young people were selected for this once in a lifetime opportunity.

Week Ahead

On Monday our Nursery pupils will be visited by Mrs Melton, who will be reading them a children's book which tells them the story of the life of Mae Jemison. The children will learn why Dr Jemison is a significant figure in world history (she is an American engineer, physician and former NASA astronaut) and they will have the opportunity to use knowledge of shape and colour to create a rocket picture.

The *Public Schools' Fencing Championships* take place from Tuesday – Thursday next week and we wish all our fencers and Ms Restivo the very best of luck.

On Wednesday there is a Reception Information Evening in the School Library.

Do continue to let us know if we can avail of your skill sets in a number of ways, e.g. supporting our proposed Careers Fair, running Workshops, helping with Mock Interviews, giving a Lecture or providing Work Experience opportunities. If you feel you can help in any way, then please do email parents@bcsweb.co.uk. Many thanks for your support.

I hope you have a relaxing weekend.

With kind regards

Mark Wallace

Mark Wallace – Headteacher
@Challoner_head





WORLD BOOK DAY PHOTOS 2022





Junior News

Year One

The children in Year One are learning to make moving pictures in their Design and Technology lessons. They have learnt to make pictures on levers and move them across the page. This week they learnt how to make a moving item using levers and pivots. They used a split pin as their pivot and enjoyed making their picture move. Well done Year One!



Mrs Bateman - Year One Teacher

Nursery News

The children in the Nursery enjoyed participating in World Book Day celebrations; they came in dressed up as a character from one of their favourite books and had fun during the day playing the part of their characters and sharing some stories with their friends. Well done everyone, we all had a great day.



Mrs Murphy - Nursery Practitioner



Junior News

We have had a very busy week in the Junior School with lots of visits and events across the week.

Well done to all the children who took part in our Skip-A-Thon on behalf of The British Heart Foundation and a huge thank you to Mrs Restivo for arranging this event. Thank you for all the sponsorship forms and money already received in school. We will be happy to continue collecting during the early part of next week and look forward to sharing the final total with you.

Safari Pete visited the school on Thursday, along with his array of mini beasts and reptiles. The children thoroughly enjoyed his visit and all mini beasts were accounted for on his departure!

Children in Year 5 & 6 and EYFS enjoyed a visit from the Astronomy Roadshow to learn more about life beyond our planet. Thank you to Mr Peck for organising this event.

We look forward to welcoming parents of Year 2 pupils into school next week for the class assembly on Thursday.

Stars of the Week



Reception	Nathan for his amazing skipping for the charity Skipathon.
Year 1	Antoine for his perseverance in learning and resilient attitude towards challenges, most notably towards skipping! Well done!
Year 2	Orla- for always being a kind and caring member of our year 2 class.
Year 3	Georgina for working so hard on the Passion Play.
Year 4	Deanna for excellent progress in all subjects.
Year 5	Nicole for politeness and being extra helpful in class.
Year 6	Ayden for increasing and improving his effort in class, particularly in MFL and RE.

Many congratulations to all of our Stars.

We are very proud of you!

Ms Barker - Head of KS1 and KS2



May we please remind you that:



- Children **must** be supervised at the front of the school during morning drop-off.
- School staff are not on duty prior to 8.30 and the area at the front of the school is not a secure space.
- All children must remain in the care of an adult until they are collected by Junior School staff and taken to registration.

The safety and wellbeing of the children is always our first concern and we thank you for your support in this matter.

Year Two



We have had lots of fun in Year 2 designing and creating lamps inspired by our learning on Florence Nightingale. In Maths, we have been learning all about shapes. The children had great fun outside sorting 2-D shapes according to their properties.

Miss Leonidas - Year 2 teacher



Senior News



On Friday, 4th March, Year 10 students had a chance to see and hear Britain's top scientists, all working at the cutting edge of their specialisms.

Dr Maggie Aderin-Pocock spoke about the James Webb space telescope, which was successfully launched on Christmas Day 2021 and fully deployed and reached its destination orbit.

Lord Robert Winston, professor of science at Imperial college, a pioneer of IVF treatment, spoke about infertility in women and methods for maturing eggs outside the body.

Professor Andrea Sella, a synthetic chemist at University College London, delivered a lecture about strange ice.

Dr Giles Yeo, geneticist from University of Cambridge, spoke about Obesity and why some people eat more than others.

Students were also given top tips on examination success from an experienced science examiner.

Year 10 students thoroughly enjoyed the day.

Mrs Marpadi - Biology Teacher



Club News

British Sign Language Club

So far, we have learned the alphabet, some greetings and a few courtesy signs (please and thank you!)

Many thanks to all the pupils who are attending, and to Eburn for the idea for the club.

Ms Robins - Language Teacher



Senior News

Year 8 Bletchley Park, Computing Museum

Year 8 pupils went on a trip to Bletchley Park, the famous Computing museum in the UK.

The students discovered amazing stories of the World War II codebreakers. It was an amazing experience to learn how encryption techniques were used for secret messages. They explored the Bombe Breakthrough using a virtual Enigma machine and the challenges posed by the machine. It was an excellent opportunity for the students to learn different methods used by codebreakers and the contributions made by various computer scientists.

Students actively took part in the workshop session and deciphered the encrypted messages which is well embedded with their current topic of encryption in computer science lessons this term. This was a very successful trip and year 8 pupils are looking forward to more computer science trips in future!



Mrs Saul - Computing Teacher



BCS Skip-a-thon for The British Heart Foundation

BCS had a wonderfully successful Skip-a-thon this week to raise money for the British Heart Foundation.

Juniors, Teachers and Support Staff were skipping for hours on end. A big thank you to those who took part and thank you for all your donations so far. There is still time to bring in donations for the Skip-a-thon. Thanks again for all your support.



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Mrs Restivo - PE Teacher

Club News

Fencing Club

There will be no Junior or Senior Fencing on Wednesday 16th and Thursday 17th March due to the Fencing Championships. We wish you all very good luck. Monday Fencing runs as normal .



Bishop Challoner News

11th March 2022 | Issue No.70



20th March 2022 is International Day of Happiness

Here are some ideas for you to improve general happiness and wellbeing:

GIVING
Do things for others

QUESTION ? What have you done recently to make someone happy or to help others?

INSPIRATION "No act of kindness, no matter how small, is ever wasted" ~ Aesop

ACTION IDEAS

- Do three extra acts of kindness today. Offer to help, give away your change, pay a compliment, or make someone smile.
- Reach out to help someone who's struggling. Give them a call or offer your support. Let them know you care.

Day 1

if you want to

FEEL GOOD

do good

Day 1

When we're together
everything's better

Day 2

RELATING
Connect with people

QUESTION ? What helps you stay close to the people that really matter?

INSPIRATION "People will forget what you said, people will forget what you did, but people will never forget how you made them feel" ~ Maya Angelou

ACTION IDEAS

- Make more time for the people who matter. Chat with a loved one or friend, call your parents or play with the kids.
- Make three extra connections today. Stop to chat in the shop, wave at a neighbour, learn the name of someone new.

Day 2

be active

RELAX

Rest

REPEAT DAILY

Day 3

GREAT DREAM
Ten keys to happier living

GIVING Do things for others	DIRECTION Have goals to look forward to
RELATING Connect with people	RESILIENCE Find ways to bounce back
EXERCISING Take care of your body	EMOTIONS Look for what's good
AWARENESS Live life mindfully	ACCEPTANCE Be comfortable with who you are
TRYING OUT Keep learning new things	MEANING Be part of something bigger

ACTION FOR HAPPINESS

Mrs Brooker - Deputy Head



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EXCITING OPPORTUNITY

THE ARTS SOCIETY BROMLEY

COMES TO

BISHOP CHALLONER SCHOOL

Do you enjoy the Arts, in their broadest sense, and want to broaden your knowledge?

Do you think you would like to know more but are not sure where to start?

The Arts Society Bromley is the place of discovery.
Monthly illustrated lectures by highly qualified experts
on a wide range of Arts topics.

YOUR FIRST LECTURE IS FREE

AND FREE TO FULL TIME STUDENTS

Monday 7th March 7.30pm

Only £46 for a season of 9 lectures

Including quarterly Arts Society magazine, visits, tours and much much more

1st Monday of the month at 7.45pm and usually finish by 9.15pm

Come early and join us for a coffee to meet our members

Intrigued?

Fascinated?

Find out more at

info@theartsocietybromley.org.uk

Leave your email address or phone number, we will be happy to contact you
to tell you more about the Society and the doors it will open to you.





Bluebell Walk Sunday 1 May 2022 at Cudham, Kent

Ever been on a countryside ramble and wondered what that beautiful plant was called? Or what type of bird you've seen flying overhead?

On our Bluebell Walk, you'll meet tour guides along the way, ready and waiting to tell you fun facts about the flora and fauna you're wandering within. Book your place today to enjoy the beautiful bluebells, ancient trees and rare birds at this educational and fun event.



www.stchristophers.org.uk/bluebell



StChristopher's
More than just a hospice



SAFEGUARDING AND WELL- BEING INFORMATION

Online counselling support for pupils

<https://www.kooth.com>

Support for parents | NSPCC

Parenting can be rewarding, but it can also be challenging. This is a Positive Parenting guide shares practical advice.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/>

Coping with your teenager - NHS

Many parents find their teenager's behaviour challenging. Teenagers' behaviour can be baffling, stressful, hurtful and often worrying.

<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/cope-with-your-teenager/>

Parenting teenagers | Relate

Here you'll find lots of practical advice on how to deal with common teen issues. If you have any questions, our counsellors are here to help.

www.relate.org.uk <https://www.relate.org.uk/relationship-help/help-family-life-and-parenting/>

Information, training and support for parents and carers

Being a parent can be a joy. It should be a joy. And it often is. But when your child is suffering, parenthood can be a tough, lonely and frightening place.

<https://charliewaller.org/what-we-do/for-parents>

Young minds Charity

Young Minds are a charity that provides information and advice to young people, and parents and carers.

[YoungMinds - children and young people's mental health charity - YoungMinds](https://www.youngminds.org.uk/)

Designated Safeguarding Lead - Mrs Kate Brooker

DATES FOR YOUR DIARY

WEEK B



Monday 14th March

- Whole School Assembly
8:45am Main Hall
- House Display Board Competition
Closes

Tuesday 15th March

- Public Schools Fencing Championship
7:30am Lee Valley

Wednesday 16th March

- Public Schools Fencing Championship
7:30am Lee Valley
- Year 3 Stations of the Cross
9:00am Chapel
- Reception Information Evening
4:00pm

Thursday 17th March

- Public Schools Fencing Championship
7:30am Lee Valley
- Junior Assembly
8:45am Main Hall
- Year 8 Parents' Evening
5:00pm In school

Friday 18th March

- Year 5 & 6 Mass
9:00am Chapel
- ISA U11 Mixed Hockey
9:30am Weston Green School



Safeguarding

At National Online Safety we believe in empowering parents, carers and educators with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. Please visit nationalonlinesafety.com for further guides, hints and tips for adults.

Part of our Social Media & Live Streaming Series

NOS
Social Media & Live Streaming

Brought to you by
NOS National Online Safety
www.nationalonlinesafety.com

What you need to know about... MUSIC STREAMING APPS & SITES

Download the App Search Artists

What are they? 'Music Streaming Apps & Sites'

Music streaming apps allow people to listen to music on their devices. It gives users access to millions of songs and artists from around the world. Popular music streaming apps and sites include Spotify, Soundcloud, Apple music, Amazon Prime and Deezer. Music streaming allows children to listen to songs from around the world in a much easier and cheaper way. This enables them to showcase their talent which would have been very hard to do many years back.

Know the Risks

Explicit content

Explicit content is everywhere online, including in popular music. Children can easily access songs on Spotify, for example, that may have explicit or inappropriate language not suitable for children. It is also easy to erase searches so you can't see what a child has been listening to.

Adult themed podcasts

Many music streaming apps also offer the ability to listen to podcasts which can vary across any kind of topic, from business and health to comedy and relationships. Again, children could be exposed to content which is more adult themed or contains age-inappropriate language.

Chatting to strangers

Some music apps, like Playlist, want to make music a more social experience by finding others who share the same musical tastes and will allow users to join group chats where they listen to a playlist together in real time. This could open up your child to talking to strangers online.

Safety Tips

Use child friendly apps

Many music streaming services are made just for children. For instance, the Spotify kids app provides parents with control over what their children listen to and all the content is family friendly and fun for children to explore.

18+ Turn off explicit content

Most of the major music streaming apps will provide the option to turn off explicit material to make sure the music is completely clean. Some services even offer an option to lock the content censoring settings with a password, so your child can't switch it back.

Implement privacy controls

Check the privacy setting of your child's app. Ensure that whichever app or site they choose to stream music, the settings are set to be private. This way they can only share the music they are listening to with friends and family and can't engage in conversation with strangers.

Offering Support

Explore apps yourself

If your child insists on wanting to use a music streaming app then be part of the journey with them. Take the time to understand which apps they prefer to use and why they want to use it. Find out how to use the app yourself and understand what they could be exposed to and how to ensure they get the most of it in a safe manner.

Regularly check-in

Have regular conversations with your child about what they are listening to and how they are feeling. If they do hear explicit music or content that makes them feel uncomfortable, let them know that they can always talk to you and discuss what they've heard and what it means.

Our Expert

Parven Kaur

Parven Kaur is social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks; a web resource that helps parents and children thrive in a digital world.

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