



# Bishop Challoner News

12 February 2021 | No. 51

## From the Headteacher...

The pupils, both at home and in school, have shown commitment, resilience and determination with their learning at a very challenging time. A huge thank you to the teaching and support staff for managing this and to you the parents for supporting your sons and daughters, either in attending school or with their home learning. You are doing an amazing job and we all appreciate your support.

My thanks to the nursery team for continuing to run the nursery on a daily basis, and for delivering a variety of fun and exciting lessons that inspire the children. This has proved extremely challenging during this past week especially with the cold weather.

I hope that the activities on offer today have provided a change to the online interactive lessons, allowing all pupils the opportunity to enjoy learning in a different way by embracing Screen-Free Friday. Taking a break from their screens will hopefully go some way in supporting staff and pupils' physical and mental wellbeing.

So as half term begins, I wish you all a good break and ask that all the pupils and staff will have a rest from their



computer screens over the holiday. We will see the critical worker children and nursery children on Monday 22nd February.



**Paula Anderson - Headteacher**

 @Challoner\_head

## Mission Statement

Through faith and a broad education, Bishop Challoner School strives to develop and nurture each child's unique talents. To Live, Love and Learn like Christ and fulfil their true potential in an ever changing world.



# Children's Mental Health Week

Last week was Children's Mental Health Week, an important week in any year, but more so this last year.

In the nursery the children are encouraged to develop healthy attitudes to mental health from the minute they start with us. Children are supported to understand that as part of the family of Bishop Challoner and indeed the family of God they are special and unique to all. One of the overarching principles of the EYFS is the ethos of the Unique Child - one to be cherished and honoured.

We look closely at supporting good attachment bonds which are so important in early development and encouraging and understanding of self-awareness, pride, self-regulation and enthusiasm.

They have enjoyed games of mindfulness eye spy in the outdoor learning area - observing their surroundings and taking time to notice and enjoy their environment.



The children are assisted to develop skills of mindfulness, resilience, independence and a "can-do" attitude that gives them the ability as they grow and mature to be able to bounce back from challenges, persevere when things are difficult and take time out to reflect and address their feelings.

Activities last week both in school and remotely, have helped grow and hone some essential skills - here is some of what they have been up to:

At Forest School the children always join in with mindfulness at the start of their session - a great way to start the day.



The children have had plenty of opportunity to exercise mindful breathing and one way of doing this is to use shape cards; using them to trace around with their finger as the child breathes in and out.



Children have also been joining in remotely from home and have been enjoying some "mindful maths" amongst other activities- counting what they sense around them, enabling them to remain "grounded" and connected to their environment.

Ms Ludlam - Head of Nursery / EYFS Co-ordinator



**FRENCH CLASSWORK**

**ORGANISING A PARTY- FACT FILE**  
Pour organiser une fête, nous devons inviter les invités, obtenir la nourriture de fête, obtenir des cadeaux, embaucher un groupe de musique ou télécharger de la musique et installer les décorations

**DIALOGUE**  
Alice: 'Les gars, je vais prendre la nourriture et les boissons de fête et inviter tous mes amis. Je vais essayer d'obtenir des cadeaux aussi. Quelle heure devrait être la fête?'  
Rio: 'Je pense que la fête devrait commencer à 19h et se terminer à 22h pour qu'on puisse ranger ensuite. Quand la fête devrait-elle avoir lieu et où devrait-elle être? Je peux obtenir des cadeaux et des décorations. Mais qui va acheter le gâteau?'  
Rocco: 'On peut faire la fête chez moi. Je vais recevoir des cadeaux, je n'ai pas le temps de faire beaucoup de choses. Nous avons notre Gese dans 2 mois.'  
Mary: 'Je serai juste là pour le soutien. Au revoir les gars à demain chez Rocco pour faire les décorations'

**Making Excuses!**  
faire les magasins / go shopping  
faire un pique-nique / go on a picnic  
Aller à un concert / une fête / go to a concert / a party  
Aller au bowling / au cinéma / go bowling / to the cinema  
Manger au Mcdo / eat at McDonald's  
Regarder un DVD / watch a DVD  
# BoF, je n'ame pas trop / I'm not keen / I don't know  
# Je ne sais pas / I don't know  
# An non, c'est nul / je déteste / No it's rubbish / I hate it  
# Je ne peux / veux pas parce que / qui... / because...  
# C'est trop cher / it's too expensive  
# Je n'ai pas beaucoup d'argent / I haven't got much money  
# J'ai la honte de danser / I'm ashamed to dance / I hate it  
# J'ai faim / I have a fast / I'm hungry  
# Je suis fatigué(e) / I'm tired  
# J'y suis allé(e) hier / I went there yesterday  
# Il y a trop de monde / it's too crowded  
By: ISAAC FOLORUNSO a Alpha

**9& have produced some lovely work on organising a party, suggesting activities and making excuses!**

SEASON OF LENT

Next Wednesday, 17th February, is Ash Wednesday and we will enter into the season of Lent.

Lent offers us the opportunity to reflect upon our lives, to consider the positives and negatives and what we might do to change for the better. The ancient Greek word metanoia is often linked to Lent. Metanoia means to turn around and we can think of this in two ways.

First, to turn around or away from self-centeredness towards Christ and towards those in need. Secondly, to turn around and look at ourselves, to see ourselves in God's light as people who are weak, sinful and in need of his grace and help.

We read in the Scriptures that after his Baptism, Jesus was taken by the Holy Spirit into the desert where he fasted and prayed for 40 days. He was weak and hungry and it was at this point that the devil tempted him. However, he overcame the temptations and the angels ministered to him.

It is often when we are tired or exhausted that we find ourselves tempted, tempted to lose hope, tempted to stop praying, tempted to even stop believing. The Psalms reflect every type of human experience, trials, sufferings and joys. Psalm 91 is particularly powerful as it assures us of God's protection. So many people are struggling and have difficulties at this time. I invite you to pray Psalm 91 each day during Lent for all those who are suffering, afraid or struggling in any way:



## PSALM 91

### Assurance of God's Protection

1 You who live in the shelter of the Most High, who abide in the shadow of the Almighty,[a]

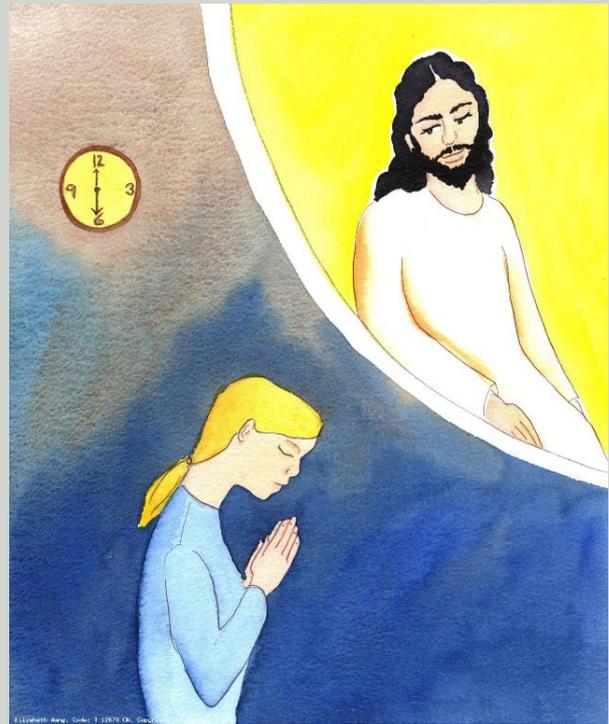
2 will say to the LORD, "My refuge and my fortress; my God, in whom I trust."

3 For he will deliver you from the snare of the fowler and from the deadly pestilence;

4 he will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler.

5 You will not fear the terror of the night, or the arrow that flies by day,

6 or the pestilence that stalks in darkness, or the destruction that wastes at noonday.



7 A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.

8 You will only look with your eyes and see the punishment of the wicked.

9 Because you have made the LORD your refuge, the Most High your dwelling place,

10 no evil shall befall you, no scourge come near your tent.

11 For he will command his angels concerning you to guard you in all your ways.

12 On their hands they will bear you up, so that you will not dash your foot against a stone.

13 You will tread on the lion and the adder, the young lion and the serpent you will trample under foot.

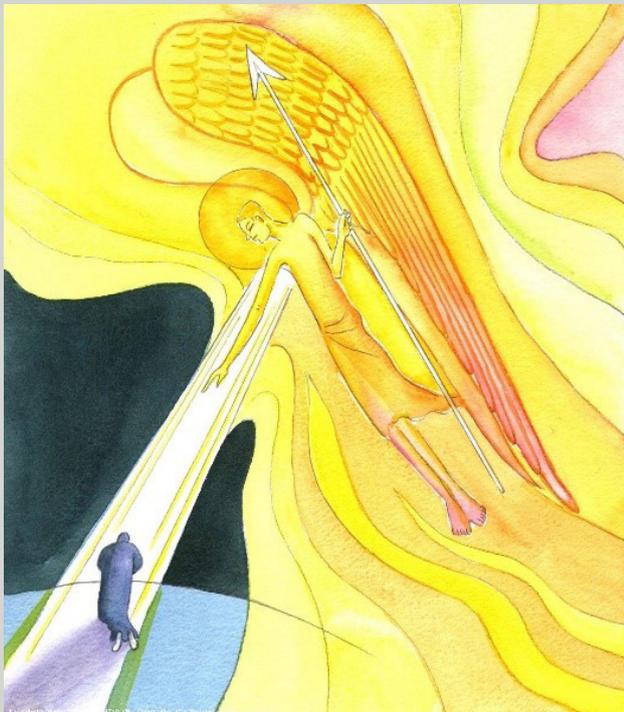
14 Those who love me, I will deliver; I will protect those who know my name.

15 When they call to me, I will answer them; I will be with them in trouble, I will rescue them and honour them.

16 With long life I will satisfy them, and show them my salvation.

I pray that you will all have a safe and blessed half term break.

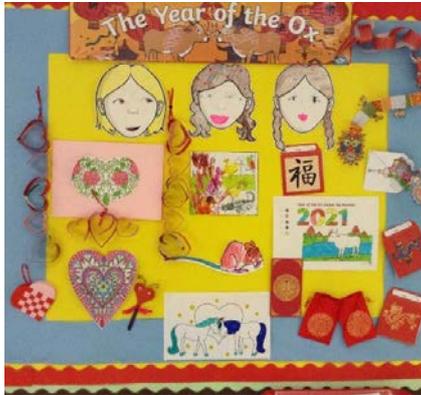
Gerard Lohan - School Chaplain



## BREAKFAST CLUB AND CRÉCHE

During the first half term of Spring, Breakfast Club and Crèche were able to celebrate two Festivals:

### Chinese New Year and Valentines Day



Before Christmas, children at Crèche turned their hand to sewing; making bags, cushions and as seen here, a top to wear. This top required great perseverance. It was started in the Autumn term and completed last Friday.

A beautiful job; well done Anastasia.



A red carpet? No, a rainbow carpet to a magical city.

Eva and Susan made many domino rallies which were successfully collapsed in seconds, what had taken many minutes to build, much to the entertainment of all at Crèche.



Anyone for toasted marshmallows?  
Yummy, Eleia.

Mrs Vander-Elst - Crèche and  
Breakfast Club Supervisor



## JUNIOR SCHOOL OVERVIEW

We have had another busy couple of weeks in school. The last six weeks, with all of their many challenges, seem to have sped by as we fast approach the half term break. I continue to be so impressed with all of the children. Whether they are coming into school every day or engaging so well with remote learning from home, they are showing a resilience and fortitude that sets an example to us all.

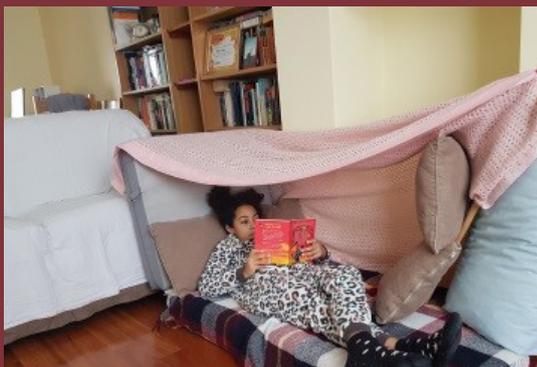
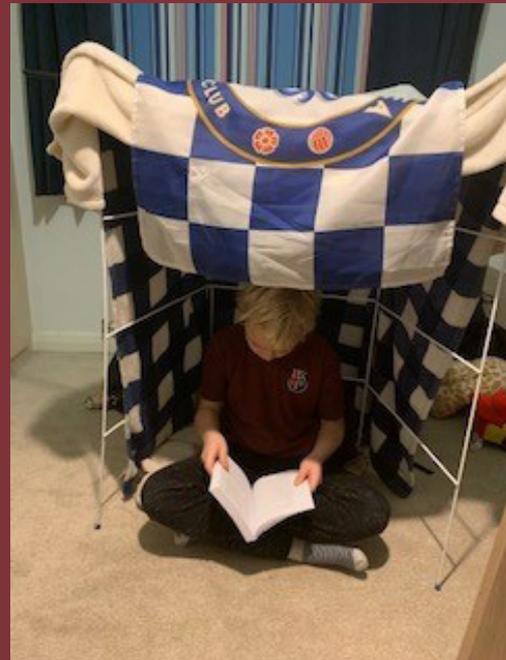
Of course, everything looks a little brighter under a blanket of snow and I hope you have all managed to make the most of the weather this week. The children in school have certainly enjoyed their own winter playground!



We sent out details last week of the many ways that books can still be accessed, despite the children not being in school and the libraries closed. Please refer back to Ms Hoyle's letter as many of the websites mentioned provide free resources.

I have set a Reading Challenge for Year 6 where they have been asked to read something new. Be it a new author or genre, the only criteria is that they are reading for pleasure, so they need to find something they enjoy. Many are well under way and I've been both surprised and heartened by the breadth of reading material from Northanger Abbey to David Walliams.

Children in other year groups have been building 'reading dens' at home to create their own special reading space. Please share any more photos of your special spaces; we have loved seeing them.



We wait for any updates on the reopening of schools and continue to hope that we will all be back together soon. In the meantime, I hope that you have a happy and restful half term break and manage to find a little time to settle down with a good book!

Very best wishes

Ms Barker - Head of KS1 and KS2





Latin online has been a whirlwind of activity.

Here are some of our drawings which show the stories we are reading - and some snowy pictures in case you were not feeling cold enough!

A huge "optime!" (Very well done!) to all our pupils from Year 6 to Year 12 for their fabulous translations, quizzing and storytelling.

Mrs Newbould - Latin Teacher



8 frigidum erat.  
tū laenam viridem gerēbās.

cold

What was the weather like? Draw!

Celer e villa discedit.

discedit - leaves

Draw on the house to show what Celer does in this sentence.

Grumio est ebrius. Grumio picturam videt.

Grumio est perterritus. ebrius - drunk

pinge quid accidit. Draw what is happening.

Draw a picture of your favourite role in the Roman Army from today & label it - you can add labels for parts of the body if you remember any words for these from last term!

Roman soldier

oculi - eyes  
os - mouth  
caput - head  
manus - hand  
pedes - feet

Students, draw anywhere on this slide!

Grumio e taberna revenit et villam intrat.

Now draw showing what Grumio is doing.

## WORLD DAY OF THE SICK

Thursday, 11th February, is World Day of the Sick in conjunction with the Feast of Our Lady of Lourdes.

Lourdes became famous in 1858 after a young peasant girl called Bernadette Soubirous claimed to have visions of the Blessed Virgin Mary. Initially no one believed Bernadette until she told the Bishop that the 'Lady' had called herself the Immaculate Conception. Whilst this was something that the Church believed it was not common knowledge. A simple girl like Bernadette could not have known this. Indeed, the Church had only officially stated it in 1850. The title Immaculate Conception was given to Mary because God preserved her from original sin from the moment of her conception. He did this to prepare her for her special role to become the Mother of Jesus. At our Baptism God removes original sin from us too.



Soon after the apparitions began a miraculous spring began to flow at the site of the apparitions. Many people began to visit the shrine and to bathe in the waters. Ordinarily, about six million people go on pilgrimage to Lourdes each year and there have been approximately 7,000 claims of spiritual, psychological and physical healings since then, 70 of which have been medically verified as true miracles. This means that there is no ordinary or scientific explanation for them.

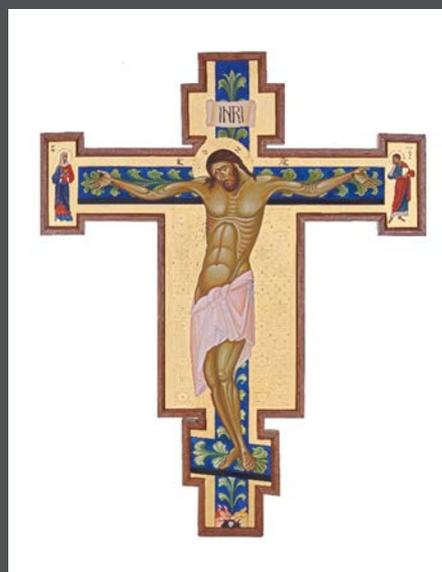
Today we pray for those who are sick, especially those who are effected by the Corona Virus, asking Mary under the title of Our Lady of Lourdes to pray for them. We invite you to pray with us for Mary's intercession.

Hail Mary, full of grace.

The Lord is with thee.

Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.



# Traditional Tales

In English the children have really enjoyed looking at Traditional Tales and have studied the following stories:

'The Gingerbread Man', where the children learnt how to write instructions using imperative verbs and the importance of time conjunctions. The children made their own yummy gingerbread men and houses.

'Goldilocks and the Three Bears', the children used their phonic knowledge to write labels and captions, planned, wrote and edited their own versions of the story.

'Little Red Riding Hood' enabled story sequencing through story maps, exploration through discussion and the opportunity for the children to make their own Puppet Theatres with characters. The children have been thoroughly entertaining every day performing wonderful theatrical shows.

Well done to Year 1 who have produced some really wonderful work this half term.

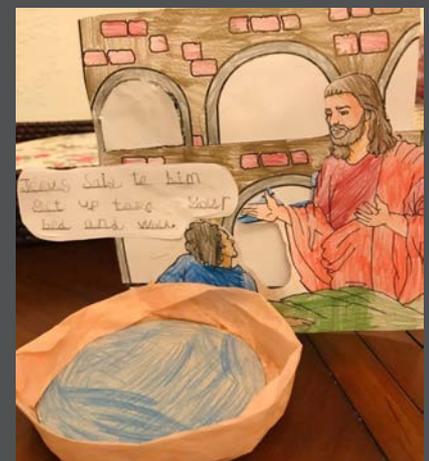
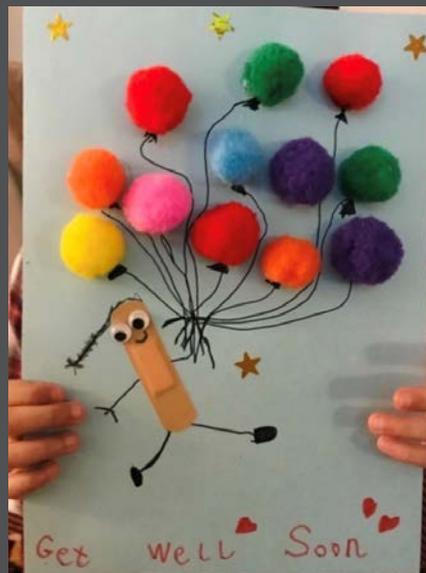
Mrs Hickman - Year 1 Class Teacher



## RECEPTION CLASS

Over the past few weeks Reception Class has been working incredibly hard on a multitude of subjects such as: Forest School, where children were asked to create a face in nature and using nature to help us understand teen numbers; In RE, understanding the parable of The Healing Pool of Bethesda and that Jesus loves us all; and finally, in science, researching the planets in our solar system. To add to this great work, we have continued to learn, French, phonics, computing and music. The children have worked amazingly well over the term that I feel the children and parents deserve a nice rest. Parents, your support is greatly appreciated, and I hope you all have a lovely half term.

Mr Peck - Reception Class Teacher



## JUNIOR PE CHALLENGE

In what has been a challenging half term, it has been brilliant to see so many juniors exercising and looking after both their physical and mental health. The pupils have faced some difficult conditions, including the recent snow and ice, but that has not put the pupils off sending their results in. In terms of participation, year 5s have led the way with the vast amount of pupils in the class sending across their exercise. There have been some truly standout performers. These include Milana (year 3) who has exercised for 144.2km, Adam and Matt, both year 4, who have completed 209km and 162.4km respectively (I think they have been having their own competition) and Jehan (year 6) completing 129.6km. Excellent job boys and girls.

Now for how many points each year group has accumulated:

Reception have 54.4 points  
Year 1 have 248.6 points  
Year 2 have 351 points  
Year 3 have 270.6 points  
Year 4 have 639 points  
Year 5 have 260.9 points  
Year 6 have 253.55 points

Well done to year 4 who have accumulated a massive 639 points and are currently winning the challenge. Also well done to every pupil and parent involved in the junior PE challenge. You have completed a combined 1452.45 kilometres in five weeks, a great achievement. That is approximately the distance from Bishop Challoner to Rome. We will await the government's announcement and decide on whether to keep going after the half term break. Have a great half term juniors!!

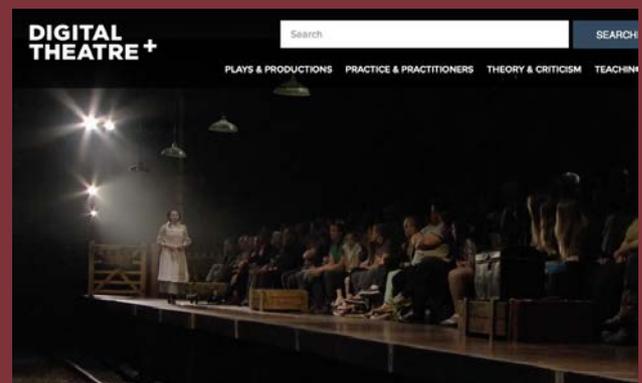
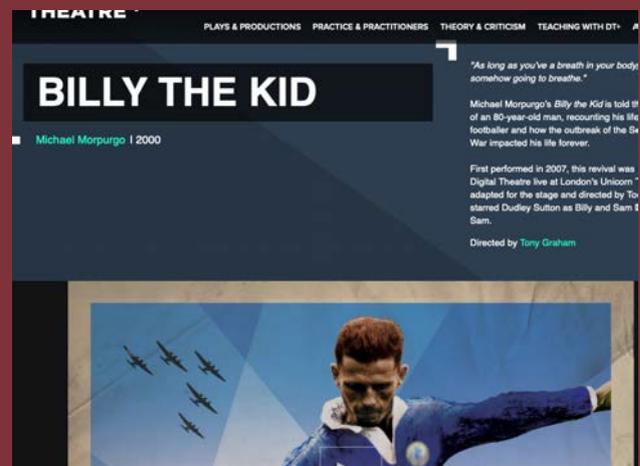
Mr Oliver - Director of Sport

## PERFORMING ARTS

In Performing Arts, Key Stage three pupils have been exploring some performances of 'Billy the Kid' from the Unicorn Theatre and 'The Railway Children' from The National Railway Museum.

Pupils have used Stream on Teams to share videos of their own work on lighting and movement with the rest of their class. Well done for some excellent work this half term.

Mrs Otley - English and Drama Teacher



## THE HALF TERM ART CHALLENGE

For the Half Term break the art department is offering a Colour Challenge. It is purely optional. Pupils are asked to produce a picture that is predominantly of one colour. Pupils can pick any subject and use whichever materials are at hand. Each year group has a different colour. The pictures should be uploaded to the appropriate half term challenge Team on MSTeams. There are some images to inspire on the following links.

- Year 5 - RED <https://www.pinterest.co.uk/challonerart/coloured/>
- Year 6 - BLUE <https://www.pinterest.co.uk/challonerart/colourblue/>
- Year 7 - YELLOW <https://www.pinterest.co.uk/challonerart/coloureyellow/>
- Year 8 - ORANGE <https://www.pinterest.co.uk/challonerart/colourorange/>
- Year 9 - GREEN <https://www.pinterest.co.uk/challonerart/colourgreen/>
- Year 10 - PURPLE <https://www.pinterest.co.uk/challonerart/colourpurple/>

There is also a Challenge for Staff, and Parents and Carers; Images for this should be uploaded to [ccoultart@bcsweb.co.uk](mailto:ccoultart@bcsweb.co.uk)

- Staff, Parents and Carers BLACK and WHITE <https://www.pinterest.co.uk/challonerart/colourblack%2Bwhite/>

Have a good half-term break, and happy creating.

Mr Coultart - Head of Art

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## FUN SCIENCE AT HOME

Getting hands on is one of the best ways to learn and bring science to life! There are some great experiments you can do at home using basic ingredients.

Dr Bovell - Science Co-ordinator

**Grow a gummy bear** using liquids from around the house. Put the same amount of washing up liquid, oil, honey, squash, shampoo – whatever you can find – into five different cups and place a gummy bear in each one. See which will make the gummy bear grow quickest after a day, then a week, and talk with kids about why that is. With oil, not much happens but in water the gummy bear can grow double or triple in size.

**Separate ink** by putting spots of different types of black or red felt tip – or other colours – onto kitchen roll. Dip the end into a bit of water, hold it still and let the colours spread up the kitchen roll. You can talk about the colours that change and ones that stay the same and why those differences might be happening.

Alka-seltzer is great if you're suffering from heartburn or an upset stomach. But you probably didn't know that it's also great if you're looking to create your own homemade lava lamp.

Because oil and water have different densities and polarities, when you mix them together, the water sinks to the bottom. When you add food coloring, which is water based, it will sink to the bottom as well.

If you crumble in an alka-seltzer tablet, it reacts with the water, causing colored droplets of water to rise to the top where they then pop, release air, and sink back to the bottom.

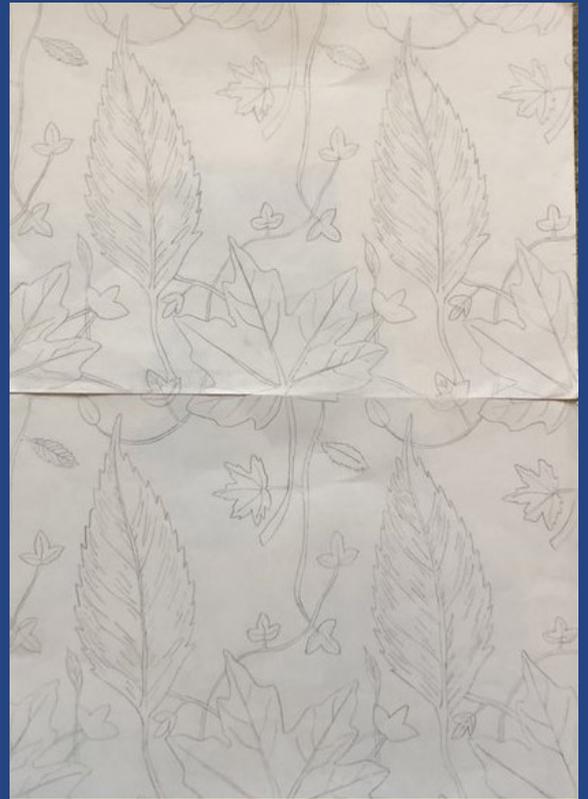
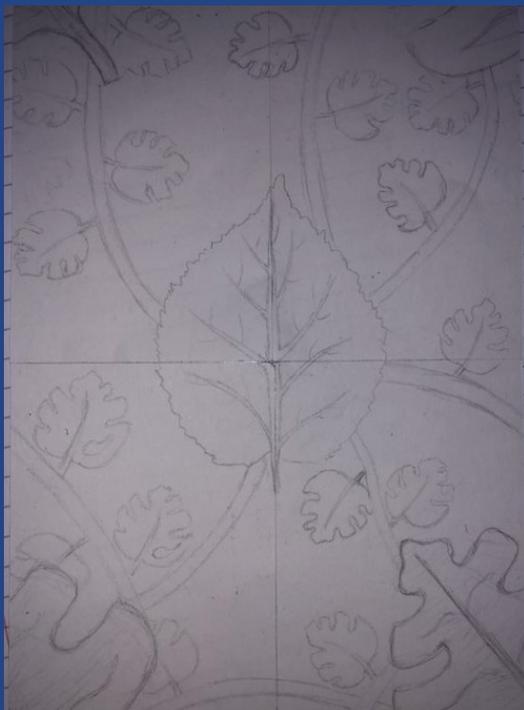
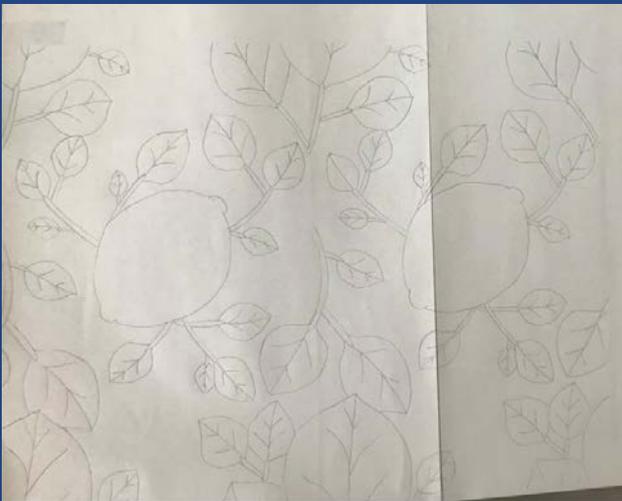
This creates a similar show to what you'd see in a lava lamp.



## YEAR 10 ART

This period of remote learning has given the opportunity for Mr Coultart's Year 10 GCSE Art students to explore repeat patterns in a project based on the Natural Form. The students initially drew some leaves, before designing motifs and transforming them into a repeat design. These were further developed through a process of tracing and colouring. The success of these stands as a fine testament to the resourcefulness of the students involved.

Mr Coultart - Head of Art



# Healthy Living



# #EcoSchoolsAtHome

## Laughter

### Nursery

Find your favourite silly joke that makes you and your family giggle. When you have your joke ask an adult or older sibling to help you write it out and display in your window or on your door for neighbours to read. You could even write a new joke each day!

### Primary

Create your own comedy sketch that lasts for 2 minutes, then perform it to your family- maybe you could include props from around the home. Record your comedy sketch and ask your family to share with your friends to brighten their day!

### Secondary/College

Write a satire essay or poem based on an environmental topic of your choice. Who will be your target audience? What form of satire will you use: Horatian, Juvenalian or Menippean? What were different peoples views on your satire?!

## Senses

### Nursery

Every day focus on a different sense: touch, sight, hearing, smell, taste. What is your favourite thing to touch, see, hear, smell or taste? Experiment with your senses: close your eyes when you are chewing your food, does it make your food taste different? What are your favourite toys - how do they feel? How do they smell?

### Primary

Incorporate 3 senses into your daily exercise. What can you hear, see and smell as you walk, run or cycle? Try to notice different things each day and keep a record in a sensory diary or map. Does the weather change what you see? Does the time of day change what you hear? Does location change what you smell?

### Secondary/College

What is proprioception? Find some examples of proprioception and see how different people in your home carry out these actions.

## Celebrate

The Eco-Schools team know that lockdown is getting in the way of birthdays and other celebrations, if you know anyone who should be celebrating this week make sure you get in touch with them to help them celebrate and let them know you're thinking about them! Even if you don't know anyone with an upcoming celebration, you should still take time out to contact someone who might be feeling a little lonely – it will definitely help bring a smile to their face and improve their mental wellbeing!

<https://www.pinterest.co.uk/ecoschoolsengla/healthy-living-topic/>

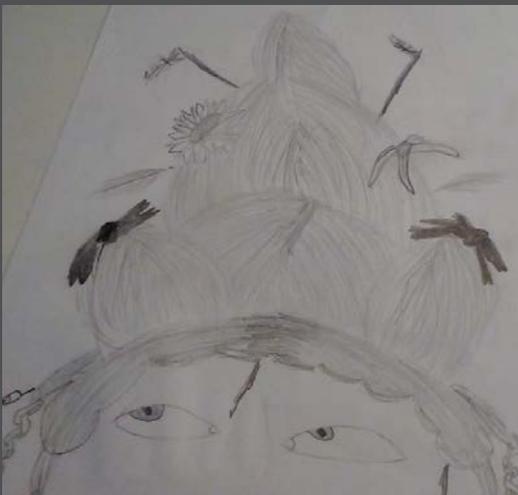
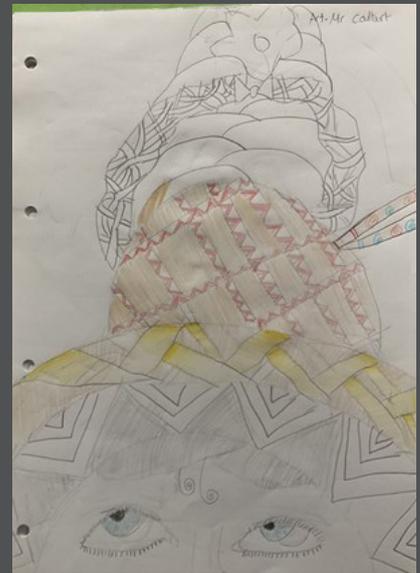


## YEAR 6 ART

Our wonderful artists in Year 5 have been working all through the remote learning period on a project about hair. They investigated pattern, line, and shape as they prepared for making a large drawing of a flamboyant hairstyle. Using their powers of invention, they came up with their own designs. The pupils have taken so much care and attention in the construction of these final studies. One happy art teacher!

Images by Bronte, Aida, Maisie, Martha, Melvin, Theo

Mr Coultart - Head of Art



## YEAR 4 - EXPRESS YOURSELF



As part of children's mental health week, Year 4 were asked to express themselves. On Thursday, they dressed in an outfit that they thought represented their personality or made them happy. We had a variety of sports clothes and beautiful dresses as well as costumes from a favourite movie and even a penguin onesie. Throughout the week the children worked on a piece of work to express who they are. I had such a fantastic array of work handed in including drawings, videos and a handmade bag. Aidan produced a fantastic video on Imovie sharing his favourite pictures and hobbies, and Myles and Ryan produced these two excellent posters.

Ms Hoyles - Year 4 Class Teacher



## ONLINE SPIRITUALITY

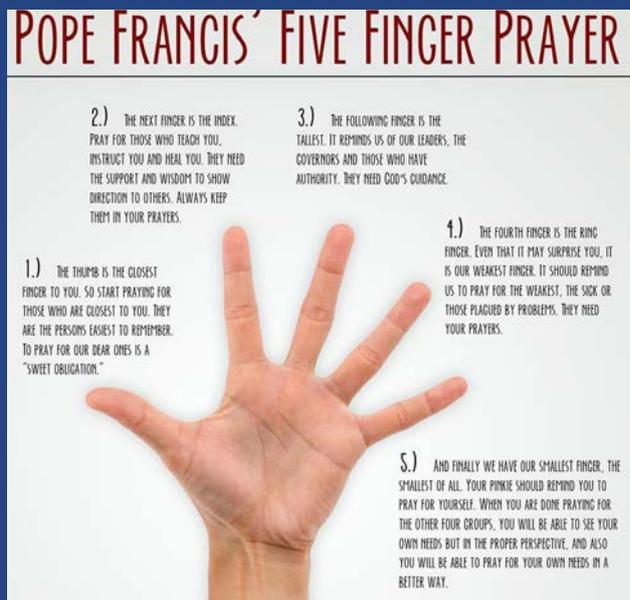
Over the past term I have been meeting with Junior Year Groups online for para-liturgies and prayers. We have reflected upon everything from gravity and the cosmos to the way we can use our hands and fingers for prayer. It has been a joy for me spending time with the pupils, their enthusiasm and positivity is infectious. One of the tools we have used for prayer is something very simple that Pope Francis has developed called the five finger prayer. It helps us to focus our attention on specific needs.

Thumb = Is closest to us and reminds us to pray for those close to us: parents, grandparents, loved ones, siblings.

Index finger = Teachers, doctors, nurses and those who guide and care for us, that God will give them the wisdom and support that they need.

Middle finger = Leaders, Mrs Anderson, Mrs Woolaway, Ms Barker, Boris Johnson, those in authority, that God will guide them in all their decisions..

Ring finger = This is the weakest finger and reminds us to pray for the weak and vulnerable, the sick, the disabled and those with mental health difficulties, that



they will receive the help and support that they need.

Little finger = Ourselves, Pope Francis explains that when we focus on others it helps us to put our own problems and difficulties into perspective so that we can pray in a better way.

When we put our hands together in prayer and our fingers point up towards heaven we ask God to remember those that we hold up to him in prayer.

Mr Lohan - School Chaplain



## LET US PRAY...

Our Father, Who art in heaven,  
Hallowed be Thy Name..  
Thy Kingdom come.  
Thy Will be done,  
on earth as it is in Heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.





cutest, funniest, craziest

# PET

photo competition



To enter, send your photos to [ptaeventsbc@gmail.com](mailto:ptaeventsbc@gmail.com) by  
Friday 26 February  
Prizes for best junior, best senior, and best teacher entries



Made with PosterMyWall.com



## SAFEGUARDING ESSENTIALS...

### Safeguarding.....

On Tuesday 9th February Bishop Challoner celebrated Safer Internet Day, with the theme "Together for a better internet". Pupils, teachers and parents all have a role to play in creating and maintaining a better online world. If you would like to view the SID presentations, please visit :

<https://www.webwise.ie/safer-internet-day-presentations/>



## Rotary Beckenham

We have been contacted by Beckenham Rotary Club to help with an initiative to supply laptops to children from socially and economically disadvantaged families without any access to a pc or a laptop. We have been asked to see whether any of our families have surplus laptops that could be refurbished and supplied to schools to pass on.

Any used laptop donated to the Rotary Club, before it is given to a school, is subject to a memory wipe, the body is cleaned, and Windows 10 Education is installed. To date they have delivered 47 used laptops to Beckenham primary schools.

Should you be able to help, please contact Peter Braithwaite on 077570589290 or email: [Peter.braithwaite45@gmail.com](mailto:Peter.braithwaite45@gmail.com)

A poem for us all.....

Lockdown is hard and we are all missing school,

But staying positive and happy is our number one rule!

Live lessons and homework continue each day,

And that we all stay safe is what we pray.

Our school is there for any student needing care,

Mindfulness and mental health matter please never despair.

Keep up the good work and try to stay strong,

## DATES FOR YOUR DIARY

### Tuesday 2 MARCH

- Junior Parents' Evening - 5.00 - 7.00pm

### Wednesday 3 MARCH

- Junior Parents' Evening - 3.30 - 5.30pm

### Tuesday 16 MARCH

- Year 8 Parents' Evening - 5.00 - 7.00pm

### Friday 19 MARCH

- International Anti-Racism Day

### Monday 22 MARCH

- Year 10 Parents' Evening - 5.00 - 7.00pm

### Tuesday 30 MARCH

- Term finishes at 3.45pm

